

Subject	Year 9 content – Summer Term	How to support students' learning
GCSE PE	Practical Lessons focused on assessment in: Swimming, Football, Netball, Hockey, Athletics, Tennis, Cricket Fitness testing and introduction to weight training	Encourage your child to: • Continue to attend session 3 sports/activities in areas that they both enjoy and may need to develop. • Practice outside of lessons • Take up opportunities to represent the school • Watch sports on TV, social media, you tube etc • Develop an understanding of the rules • Link theory to practical • Have the correct practical PE kit for every lesson
	Theory: • Effects of exercise and Recovery processes • Warm ups – Cool downs and preventing injuries Assessment and revision	Encourage your child to: • Attend session 3 support if needed • Have the correct equipment for every lesson • Recap and look over the concepts at home • Complete homework tasks • Complete independent research to help further knowledge and understanding by reading around topics • Read and understand the feedback given by teachers to enable students to identify how to make further progress • Complete coursework on time.
	Students will also have access to: Cricket, Rounders, Tennis, Athletics, Swimming & Fitness These sports will be available during our session 3 programme.	Encourage your child to: • Attend session 3 clubs to increase access to these sports • Join external clubs or practice at home • Bring PE Kit

