

Subject	Year 10 content – Autumn Term	How to support students' learning
Btec Sport L2 Technical Award	Development of Physical Education within the continuing to develop physical literacy, confidence, teamwork, resilience and lifelong participation in physical activity. Sports Taught: Fitness, Swimming, Badminton, Netball, Football, Hockey Warm up and cool downs.	Encourage your child to: • Continue to attend session 3 sports/activities in areas that they both enjoy and may need to develop. • Practice outside of lessons • Take up opportunities to represent the school • Watch sports on TV, social media, you tube etc • Develop an understanding of the rules • Link theory to practical • Have the correct practical PE kit for every lesson
	Component 1 Theory Delivery: Preparing Participants to Take Part in Sport and Physical Activity: • LEARNING OUTCOME C: - Planning a warm-up Adapting a warm-up Delivering a warm-up MOCK PSA RESPONSE - LEARNING OUTCOME A: - Types and providers of sport and physical activity - Types and needs of participants - Barriers to participation - Methods to address barriers - MOCK PSA RESPONSE	Encourage your child to: • Attend session 3 support if needed • Have the correct equipment for every lesson • Recap and look over the concepts at home • Complete homework tasks • Complete independent research to help further knowledge and understanding by reading around topics • Read and understand the feedback given by teachers to enable students to identify how to make further progress • Complete coursework on time.
	Students will also have access to: Table Tennis, Basketball, Badminton, Netball, Football, Hockey, Swimming & Fitness	Encourage your child to: • Attend session 3 clubs to increase access to these sports

	These sports will be available during our session 3 programme.	• Join external clubs or practice at home • Bring PE Kit
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