

## **Physical Education Vision and Provision**

### **Thomas Telford School's Sporting Vision**

**Our vision is to provide an environment within sport that inspires our students to be resilient, independent, and self-motivated learners who develop a passion and commitment to sport at a young age and maintain this into adult life.**

**Sport at Thomas Telford School provides a challenge to all students to be the best that they can be with an acceptance of failure but a determination to embrace new challenges and maintain high levels of respect, tolerance, and togetherness.**

#### **Physical Education provision**

Sport and Physical Education plays an integral role in the education and wellbeing of students at Thomas Telford School. Within the Physical Education department, we aim to provide all students with the opportunity to fulfil their sporting ambitions. We offer a wide range of sports and activities both in our curriculum and within our extensive session 3 programme. The concept of "Sport for all" drives our Physical Education programme and students are able take advantage of the 3 pathways for sport at Thomas Telford School.

**Participation**

**Competition**

**Performance**

Over the last 3 decades Thomas Telford School has reached the pinnacle of school sport with numerous national school's finals and with many of our sportsmen and women going on to perform at District, County, National and International level. We have an incredible range of national success in sport earning the school a reputation for sporting excellence. Our success in school sport stems from a philosophy that embraces inclusion, promotes participation, and nurtures excellence.

Our state-of-the-art facilities provide students with the platform from which to excel in a range of sports and activities. Our virtual tour provides you with an insight into what helps make us who we are. From novice to experienced and from enjoyment to success, at Thomas Telford School sport is for everyone and we will share pride and passion in each other's achievements, no matter how big or small.



## 3 Pathways for Sport at Thomas Telford School



At Thomas Telford School, students will be encouraged to take part in all aspects of sport and physical activity. The 3 different pathways offer students the opportunity to take part recreationally or competitively with provision for both elements of the sporting spectrum.

### **Our Aims**

Every student at Thomas Telford School will begin their Journey in sport within the Participation Pathway. The P.E curriculum will offer a broad range of sports and experiences for all and help to develop confidence and promote healthy, active lifestyles.

**Session 3** will provide students with an opportunity to further develop skill acquisition and confidence. Session 3 will involve a mix of team practices and open to all sessions that students can access. In areas such as swimming, we offer session 3's that cater for all abilities from learn to swim/develop water confidence classes to swim club where Mr Plant prepares our swim team for galas.

All students will be encouraged to take part in healthy competitive sport. Within the competition pathway, students will be able to represent their house teams in termly events competing for house points whilst developing a competitive spirit and appetite for competition.

Our School team sports structure offers students the opportunity to represent the school in a range of fixtures. We offer a broad range of competitive opportunities that caters for all abilities. Students can use session 3 squad training sessions to develop their skills and techniques before applying them.

Competition at Thomas Telford School focuses on developing students sporting resilience. Students will develop a willingness to succeed but will also be gracious in defeat. The sporting journey for many of our student athletes at Thomas Telford School will be one filled with pride, experience and overall development.

Our Performance pathway offers students the opportunity to excel in their chosen sport. Thomas Telford School has always actively encouraged students to participate beyond the school sports structure. Our club links are very strong and we work with many local clubs in a range of sports.

Excellence in school sport is often rewarded with District and County representation. The opportunity to represent your District/County in any sport is a remarkable achievement and is something we actively encourage with all of our students.

Our International sportsmen and women continue to lead the way for our sporting pathways at Thomas Telford School. Our current group of International athletes provide inspiration for every student and proof that hard work, resilience and dedication is rewarded.

### **Participation Pathway**

All students will take part within the participation pathway and have access to a variety of sports and activities within their curriculum time. Students will be encouraged to take part in physical activity at every key stage. Session 3 activities help to provide students with a broad base of opportunity within sport for all.

- Lessons
- Session 3 activities
- Development groups

### **Competition Pathway**

Students with a passion and skillset for a particular sport will have the opportunity to represent the school in competitive fixtures. Competition for all is also provided through the school's house system with house competitions running through the year in a variety of sports.

- Intra-school sport- House competitions
- School teams

### **Performance Pathway**

Students who excel in a sport(s) will play competitive sport outside school. This will take place at affiliated clubs/ organisations and will often involve a weekly competition structure. Students will be encouraged to use our club links in order to further develop their skills and confidence in their chosen sport(s).

Students will also be able to compete for county, regional and national representation by excelling within school sport and being successful within the relevant trial sessions/ fixtures/competitions.

- Club membership- take part/compete outside of school
- County/ district representation

- Regional representation
- National Representation

### Medium Term Plan/ Vision

Underpinning the delivery of Physical Education at Thomas Telford School is a commitment to allow the greatest number of opportunities, for the greatest number of students, in the greatest number of sports possible.

- High Opportunities + High numbers of students + Large range of sports = **Success**

**Success** is measured by participation levels, session 3 attendance and progress in and out of the classroom.

**Progress** is measured against students' development both in and out of the classroom.

What we do across the year groups will be tracked and monitored in terms of provision of sports and activities and how the curriculum evolves- small improvements, adaptations and development, year on year in content

We deliver a broad, multifaceted curriculum and session 3 programme that is not influenced by gender, social or economic bias. The aim of Physical Education at Thomas Telford School is to instil lifelong engagement in sport, and to embed an understanding of the benefits of a healthy, active lifestyle.

In this regard, we are committed to developing an environment in which students work outside of the comfort zone, utilising new opportunities and embracing mistakes and misconceptions as a method of improvement.

The curriculum at Key stage 3 will be re-visited during year 9 to check understanding and comprehension. Key stage 3 forms the basis of learning for both GCSE and BTEC Sport courses and students will link to prior knowledge from these two years.



Our long-term plan is to ensure that **all students have equal access to a range of physical activities** that encourages them to lead a **physically and mentally, healthy active lifestyle**. We will drive forward our ethos that sport is not always for competition but for well-being and enjoyment.

### Long -Term plan vision

#### **Curriculum**

Our curriculum offer will ensure that students have access to a range of sports and physical activity that builds confidence and skills but also focuses on individual development

including self-confidence and self-motivation. Lessons will be differentiated, and ALL students will be given the opportunity to make progress and build on prior learning. Students will be encouraged to attend the session 3 programme to further this development.

The curriculum vision is for all students to take part in a range of sports across year 7 and 8 and develop a range of skills that contribute to a well-rounded individual who is able to take part in sport throughout life.

### **Session 3 provision**

Session 3 provision will build on what has been learnt and developed within lessons. The session 3 programme will cater for all abilities including the addition of intervention groups identified by P.E members of staff. Session 3 will provide all students with the opportunity to further improve self-confidence in sport and physical activity.

### **Club links**

Students with a keen interest in sport will be encouraged to take part outside of school. Links with clubs and initiatives will be promoted in school and students will be given support to further their development.