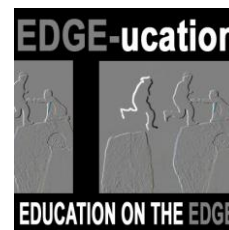




Thomas Telford School

2019 –20 Silver Duke of Edinburgh Award, Expedition Training Programme.



Note that all training is finished before the start of GCSE's and the Practice and Final Expeditions are after the examinations.

You will need to buy a map each, Harlech and Bala No18 Outdoor Leisure Series Waterproof maps (*active map*). The cheapest place to purchase these is at – www.Dash4it.co.uk (approx £10). You will also need the tent pegs you had at Bronze.

Dates and Times	Activity	Notes (for students and staff)
12 th November.	Introduction. Programme, E mail contact details to Mr Pugh. Update e D of E records. Wild Country Camping. Details for 7 th December. Provisional expedition groups.	Need group list prior to meeting and forms returned. See TTS Web site for details.
Saturday 7th December	Training Day An accompanied day's walk to revise navigation techniques and expedition progression to Silver. You need to bring along kit as per check list for mountain day. Attendance compulsory.	Area – Stiperstones. See TTS Web site for details.
March 3 rd	Practice Expedition Planning. Navigation – a revisit of techniques from the last day out.	You will need the above maps by this date.
March 10 th	Launch of Final Expedition -route allocations. Allocate sections of route planning to each student.	
March 31 st	Final Expedition Planning. Expedition Ailments and First Aid. Details for Saturday 2 nd May.	A section of the final route will need to be completed by each group member as homework.
Saturday 2nd May.	Training Day Practical accompanied/semi accompanied mountain day. Practical testing/application/scenario of emergency procedures system. You need to bring along kit as per check list for mountain day. Attendance compulsory.	See TTS Web site for details.
May 5 th	Final Expedition Planning. Logistics and arrangements for all Practice and Final expeditions.	Arrange letter home re; Expos.
Wednesday 24th June. 8.45am to 10.30am.	Issue of expedition equipment and Pre - expedition check. Final checks.	Make arrangements to get into school and back home.
Friday 26th June to Sunday 28th June.	Practice Expedition – Snowdonia, Harlech area. (see separate detail sheet issued in March)	As details given in May See TTS Web site for details.
Friday July 10th to Sun 12th July.	Final Expedition – Snowdonia, Porthmadog area. (see separate detail sheet issued in February)	As details given in May See TTS Web site for details.