

Thomas Telford School
Gold Practise Expedition 2026
Friday 26th June to Sunday 28th June



Issue/Return of equipment

Issue - Tuesday 16th June 3.30pm
 Return - Thursday 17th July from 8.30am

Travel Arrangements

Thomas Telford School are not responsible for your travel to and from the start and finish, the trains are a suggestion. Alternative arrangements for travel can be made if preferred.

If the train service is not available or disrupted for any reason you will need to make alternative arrangements. Please make sure you have discussed this with parents and planned for such eventuality.

If you choose to travel by alternative means, you must ensure you arrive by the train's outward arrival time at the very latest (aim for 15 minutes early!!).

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|-----------------------------|-----------------|-----------------|-----------------|
| <u>Train Details</u> | Outward: | W-Ton | 12:44am approx. |
| | Arrive: | Dyffryn Ardudwy | 16:08 approx |
| | Return: | Llanbedr | 10:38 approx |
| | Arrive: | W-ton | 14:12 approx |

Train timetables are confirmed 3 months before so please check.

Please book open return tickets to/from Llanbedr as by the nature of expeditions, it is impossible to guarantee getting to the station for a specific time. It would be a good idea to book tickets earlier as they are cheaper in advance. Check online for latest prices.

NB: You will not be allowed to return home on a train departing before the time shown above. Check online for latest prices and exact times - try the App, Trainline.

Equipment

Kit list as on checklist for back-packing. You must supply gas for stoves, tent pegs and a compass. Each group must have at least 2 laminated maps known as Active Maps - Your practise expedition is on OL 18 Harlech, Porthmadog & Bala. Scale 1: 25 000.

Money:

Campsite fees will be payable directly to school so you won't need to pay whilst on expedition, however you should allow some pocket money for treats at the beginning and end of your expedition.

The Plan

You will be met at the train station in **Dyffryn Ardudwy** and briefed. **DO NOT LEAVE THE STATION WITHOUT A STAFF BRIEFING!!** You will be issued with check card positions and set off at intervals. You will then be met at camp and an instructor will help you revisit any of the campcraft skills that you may need refreshing and ensure you are following all of the necessary safety procedures. They will also give you tips to make your camp more enjoyable and comfortable! Some of the camps can be very midgy so be prepared!!!

Emergency Numbers -

Mr Baker - 07815947114. Mr Pugh - 07885801479

Confidence Overcoming Facing consequences Making real decisions Thinking under pressure Learning for life Problem solving Friendships Planning Risk Fun Action

Frightening New places Wild Quiet Imagination Relevance Frustration Confidence Fragile Safe Bad Caring Empathy Sharing Strive Shy